


## Safety Guide & Rules

On your first visit we require you to complete a 'Rider Registration Form'. Within this form you must inform us of any medical condition, any previous injuries or impediments that may affect your riding.


### Clothing & Equipment

All customers **must** wear hard hats when riding which meets the revised 2016 minimum safety standard. Riding hats are supplied free of charge if you do not have your own. (Note: the previous standard **bearing only** EN 1384 or BS EN1384 alone will no longer be accepted here to ride in).


Hats that conform to the current standard for riding in **must** contain

PAS015:1998 or 2011 and a BSI kitemark .

*Additional acceptable other standards are:-*








ASTM 1163 (2004a) with SEI mark ,

Snell E2001 label and number 

AS/NZS 3838 (2006) with SAI global mark 

All customers **must** wear body protector's minimum BETA: 2000 or 2009 Level 2 . These are supplied free of charge if you do not have your own.

Advisable clothing requirements for horse riding are:-

-  Sensible footwear preferably with a flat sole and a small heel (sandals & flip flops are not allowed)
-  Jodhpurs are ideal but if not wear trousers that are comfortable and not too tight (shorts & dresses are not allowed)
-  Dress for the weather conditions.
-  Gloves are advisable in cold weather to prevent hands becoming sore.
-  Whips if necessary should be carried and used correctly.
-  Minimal jewellery. Any worn will be at your own risk
-  Spurs are not allowed. If worn you will be asked to remove them

*You may wish to purchase additional items from our on site shop 'Carenza Clobber' for your riding experience.*

### General Rules

All children must be supervised by an adult at all times for their own safety

Please refrain from feeding our horses and ponies unless supervised and permission has been given.

All dogs must be on a lead.

**Photography / Recordings:** For your own safety we advise you to please seek permission prior to any horse riding activity booked with us. Jill Carenza Equestrian cannot be held responsible for any photographs or recordings taken by others without our knowledge. Any equipment used is at your own risk.

*This guide is for your safety and that of others, and for the welfare of the horses and ponies. We want you to have a safe and enjoyable riding experience here and hope you may return and visit us again.*