






## Safety Guide

On your first visit we require you to complete a '[Rider Registration Form](#)'. Within this form you must inform us of any medical condition, any previous injuries or impediments that may affect your riding.

All customers **must** wear hard hats when riding which meet the minimum British safety standard; EN1384, BSEN1384 and/or PAS015 and body protector's minimum level 2.

Advisable clothing requirements for horse riding are:-

-  Sensible footwear preferably with a flat sole and a small heel (sandals & flip flops are not allowed)
-  Jodhpurs are ideal but if not wear trousers that are comfortable and not too tight (shorts & dresses are not allowed)
-  Dress for the weather conditions.
-  Gloves are advisable in cold weather to prevent hands becoming sore.
-  Whips if necessary should be carried and used correctly.

*You may wish to purchase additional items from our on site shop 'Carenza Clobber' for your riding experience.*

All children must be supervised by an adult at all times for their own safety

Please refrain from feeding our horses and ponies unless supervised and permission has been given.

All dogs must be on a lead.

*This guide is for your safety and that of others, and for the welfare of the horses and ponies. We want you to have a safe and enjoyable riding experience here and hope you may return and visit us again.*